



## Kidzone Korner

[www.kidzoneonline.com](http://www.kidzoneonline.com)

Fall 2008

August 1 2008

# From The Director's Desk...

Welcome back to all our returning families. I hope you had a very relaxing and joyful summer. With fall begins our preschool program. We have planned many fun and educational activities to prepare your child for future educational experiences. Everyday we will work on concepts that encourage your child to grow and learn. I want to extend a welcome to all our new families. We are looking forward to getting to know you and your children.

Please help me welcome back Karla Pepple. While I am working on classes to fulfill licensing regulations she will be filling in as interim director for the next several months. Many of you know Karla and will be glad to see her return. For those of you who may not know, Karla is the owner of both Kidzone Centers and the Director in South Haven. At one point Karla was the Director of Benton Harbor but moved to South Haven where she was needed.

Please remember to check our monthly calendar for our upcoming events, we hope you can join us for the special family activities we have planned throughout the year.

We look forward to a great school year!

Sincerely,  
*Lori Lee*



## Family Reminders

- Preschool begins September 2, 2008!
- Please check your child in and out everyday.
- Check your child's folder everyday. This is how the teacher's will communicate with you and this is where your child's work for the day will be put.
- Please make sure you pay tuition on the Monday it is due by 6:00 p.m. If tuition is not paid on time, late fees will apply.
- Make sure your child has extra clothes that are appropriate for the weather in their cubby. If they should need a change of clothes & we don't have theirs here at the center, we will need you to bring them immediately.
- If your child is here during lunch time, you will need to supply them with a lunch each day. We do not have things here to make them a lunch. If they do not have a lunch we will call you to bring them one.
- Please put a freezer pack in the lunch box so that it can stay in their cubby. We don't have much room in our refrigerator.
- If your child is here during nap time, you will need to provide them with a small blanket and pillow. They need to be clearly marked with your child's name. Make sure they go home every Friday to be washed and then brought back on the following Monday.
- All infant and toddler families need to fill out the "My day at home" portion of the infant/toddler participation sheet before leaving your child at the center. This is our policy. These sheets are the key to a successful day for your child.
- Remember to take your shoes off or put shoe covers on when entering the infant room. This keeps the floors clean so our infants are able to crawl and explore their world.

## Event reminder



We have special events planned throughout the year that will be open to parents. We work hard to make Kidzone an open, welcoming environment that the children and their families feel comfortable in. Please make every effort to support your child and attend as many special things as possible. Thank you!

# Picture Pages



## Child records

Please make sure that your child has all their paperwork filled out and turned in on the first day of school. State law requires us to have all immunizations and physicals up to date and on file for each child. If your child is in need of an update physical, you will find blank health appraisal forms at the front desk. Please notify the office immediately of any address or phone number changes. It's important for us to have current phone numbers in case of emergency.

## Early start curriculum at kidzone

### September Themes



- Going to School
- My Friends and Me
- Nursery Rhymes
- Fall Foods
- Colors
- Aa

### October Themes



- Healthy Bodies
- Shapes
- Keeping Us Safe
- Fall Harvest
- Bb, Cc, Dd, Ee

### November Themes



- In the Forest
- Learning About Numbers I
- Good Food
- We Are Thankful
- Ff, Gg, Hh, Ii

### December Themes



- Learning About Numbers II
- Holiday Celebrations
- Holiday Fun
- 4 Seasons
- Jj, Kk

## BACK TO SCHOOL {HEALTHY} LUNCH IDEAS:



1. Use variety— Instead of simply making sandwiches with white bread, try using bagels, dinner rolls, or fajita wraps too!
2. Instead of using processed luncheon meat every day, try creating a healthier lunch idea by using leftover meat from the night before. For instance, try chopping up leftover chicken to make a chicken salad sandwich.
3. Kids love dip! Prepare easy-to-carry fruit and vegetables like bananas, baby carrots, cherry tomatoes, and grapes. Low fat yogurt and hummus some healthy dip choices.
4. Try kiddie-size yogurts. They provide a good source of protein and calcium.
5. Sneak some veggies or fruit into their sandwich. Kids generally like the taste of sweet fruit or veggies, but they don't like the thought or look of them. Try slicing thin slices of pears or apples and adding them to sandwiches. It provides great crunch--and nutrients.